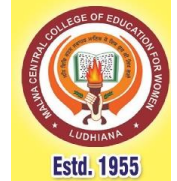




MALWA CENTRAL COLLEGE OF EDUCATION FOR WOMEN

CIVIL LINES, LUDHIANA



Best Practices 2019-20

1. Title of the Practice: Wall of kindness

Objectives of the Practice

- To provide clothes to the needy while sparing them the shame that can come from having to beg for help.
- To help under privileged people get basic material required to fight against COVID-pandemic.

The Context

A strong sense of connection, affiliation, and integration with a social community is required for social belonging. The importance of connecting deeply with others and cultivating a sense of belonging has become even more apparent as the ability to do so has been greatly affected by isolating practices that have restricted or eliminated in-person interactions. Kindness, the effect of being friendly, generous, and considerate, costs nothing, but the impact of kindness on an individual can be immense. Not only does it affect how we feel but it also affects us physically. Corona virus, with its worldwide spread has almost disrupted the day-to-day activities of the whole world. People are facing a number of problems, be it food, medicines, masks, sanitizers etc. In this time of distress, there the college faculty and students have joined their helping hands and supported those in need.

The Practice

The faculty of the college and students donate clothes and other daily need materials especially masks, sanitizers to the poor people to meet the cause of this project.

Evidence of success

This wall will remain open for the needy to take things whenever required. The students continuously donate material and the same is being available for donation. The project is extended to community and they are involved in the donation of items.

Problems Encountered and Resources Required

The main problem encountered during the year was the restricted movement due to corona pandemic.

The resources required are the material and spreading message to the community to get maximum benefit of such initiative.

Title of the Practice: COVID- Awareness

Objectives of the Practice

- To understand basic information about coronavirus disease (COVID-19), including its symptoms.
- To spread awareness about COVID preventive measures.
- To aware the students about the contributions to be made for the community during this time.
- To spread awareness about responsible behaviour among the masses.

The Context

Coronavirus disease-2019 (COVID-19) was declared a “pandemic” by the World Health Organization (WHO) in early March 2020. Globally, unprecedented steps are being taken to stop the current outbreak's ferocious spread. In such circumstances, the degree to which people are aware of the disease has a significant impact on their adherence to preventive measures. Timely access to accurate information and public awareness on prevention methods is one of the feasible interventions for the solution of such problem.

The Practice

The college coordinated and follow guidelines from the health and education authorities. The updated information on symptoms, control activities and preventive measures was shared with staff, and students. The college conducted various activities through online mode for spreading the awareness. The activities included poster making and power point presentations competitions. The college spread awareness regarding Aarogya Setu App and motivated the students to download the App for updated information. So all the students of the college who have downloaded the app have also circulated the same message in their peer groups. The college utilized parent-teacher committees and other mechanisms to promote information sharing. The college faculty also ensured to address students’ questions and concerns, including through the development of student-friendly materials such as posters which can be placed on notice boards, in restrooms, and other central locations.

Evidence of Success

The COVID prevention related activities have created awareness among students and staff in general and masses about the pandemic and ensured their safety. Besides the activities, the faculty and students were motivated to get vaccination to prevent covid.

Problems Encountered and Resources Required

The main problem occurred is the misunderstanding about the information spread through various media and reluctance to the vaccination.

The resources required is upto date and accurate information and timely delivery of information to the students.